

MA, 18 NOV	DI, 19 NOV	WO, 20 NOV	DO, 21 NOV	VR, 22 NOV	ZA, 23 NOV	ZO, 24 NOV
<p>17:00 - 18:00 Men's Strength Training (SGT) Fitness Floor Siebe Duthoy</p>	<p>18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor Indira Sachem</p>	<p>14:00 - 15:00 Start To Workout (SGT) Fitness Floor Maarten Kesteleyn</p>	<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Maarten Kesteleyn</p>	<p>14:00 - 15:00 Start To Workout (SGT) Fitness Floor Maarten Kesteleyn</p>		<p>10:00 - 11:00 Indoor Cycling Group Classes Studio Jims Zottegem</p>
<p>17:15 - 18:15 Indoor Cycling Group Classes Studio Laurent Mabilde</p>	<p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Indira Sachem</p>	<p>20:00 - 20:30 Burn Group Classes Studio Delphine Maudens</p>	<p>18:00 - 19:00 BBB Group Classes Studio Indira Sachem</p>	<p>16:00 - 16:45 Healthy Back (SGT) Maarten Kesteleyn</p>		
<p>18:00 - 19:00 Women's Strength Training (SGT) Functional Zone Indira Sachem</p>	<p>20:00 - 21:00 Crosstraining Functional Zone Siebe Duthoy</p>	<p>20:30 - 21:00 Core Group Classes Studio Delphine Maudens</p>	<p>19:00 - 20:00 Pilates Group Classes Studio Maarten Kesteleyn</p>	<p>17:00 - 17:45 Squat Bench Deadlift (SGT) Fitness Floor Laurent Mabilde</p>		
<p>19:00 - 20:00 HIIT Boxing Group Classes Studio Laurent Mabilde</p>			<p>20:00 - 21:00 Indoor Cycling Group Classes Studio Maarten Kesteleyn</p>	<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Maarten Kesteleyn</p>		
<p>20:00 - 21:00 BBB Group Classes Studio Indira Sachem</p>				<p>19:00 - 20:00 Crosstraining Functional Zone Laurent Mabilde</p>		
<p>20:00 - 21:00 Start To Workout (SGT) Fitness Floor Siebe Duthoy</p>						

MA, 25 NOV	DI, 26 NOV	WO, 27 NOV	DO, 28 NOV	VR, 29 NOV	ZA, 30 NOV	ZO, 01 DEC
<p>17:00 - 18:00 Men's Strength Training (SGT) Fitness Floor Indira Sachem</p>	<p>18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor Indira Sachem</p>	<p>08:00 - 09:00 Start To Workout (SGT) Fitness Floor Maarten Kesteleyn</p>	<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Maarten Kesteleyn</p>	<p>14:00 - 15:00 Start To Workout (SGT) Fitness Floor Maarten Kesteleyn</p>		<p>10:00 - 11:00 Indoor Cycling Group Classes Studio Jims Zottegem</p>
<p>17:15 - 18:15 Indoor Cycling Group Classes Studio Laurent Mabilde</p>	<p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Indira Sachem</p>	<p>20:00 - 20:30 Burn Group Classes Studio Delphine Maudens</p>	<p>18:00 - 19:00 BBB Group Classes Studio Indira Sachem</p>	<p>16:00 - 16:45 Healthy Back (SGT) Maarten Kesteleyn</p>		
<p>18:00 - 19:00 Women's Strength Training (SGT) Functional Zone Indira Sachem</p>	<p>20:00 - 21:00 Crosstraining Functional Zone Siebe Duthoy</p>	<p>20:30 - 21:00 Core Group Classes Studio Delphine Maudens</p>	<p>19:00 - 20:00 Pilates Group Classes Studio Maarten Kesteleyn</p>	<p>17:00 - 17:45 Squat Bench Deadlift (SGT) Fitness Floor Laurent Mabilde</p>		
<p>19:00 - 20:00 HIIT Boxing Group Classes Studio Laurent Mabilde</p>			<p>20:00 - 21:00 Indoor Cycling Group Classes Studio Maarten Kesteleyn</p>	<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Maarten Kesteleyn</p>		
<p>20:00 - 21:00 BBB Group Classes Studio Indira Sachem</p>				<p>19:00 - 20:00 Crosstraining Functional Zone Laurent Mabilde</p>		
<p>20:00 - 21:00 Start To Workout (SGT) Fitness Floor Siebe Duthoy</p>						